



Residents' Newsletter August 2026

Email newsletter items to Val in U338 – valadamson44@gmail.com or place in my letterbox on Captain Robertson Ave (only if you cannot email it) by the 12th of each month please.

Send your email address to valadamson44@gmail.com to receive it around the 15th of each month. Delivery via email saves on printing costs and time. Limited printed copies are available in the dining room.

Find further news on meetings, events, and information about other villages on our website at gglv.net

Welcome to our newest residents – This month we welcome -

Gerald in Unit 264 and Lorraine in Unit 39. A warm welcome to you both. We hope to meet you at one of the many village events soon.

News from the Committee –

Village AGM - To enable more residents to be able to attend, the decision has been made to move the AGM to **Monday the 14th September at 10am** in the Main Hall. Looking forward to seeing you there, supporting the meeting. Come along to hear about any changes or information, and to show support for your committee, who meet regularly, work very hard to manage our budget, and liaise with Lifestyle SA.

Budget papers will be issued by the end of the month.

Social Events –

Quiz Night – On Saturday September 19th with Jeff Thomas. The list for table bookings will be on the notice board on August 20th, with payment due on 3rd September. Queries to Sandy, U 275.

Village Christian Fellowship will next month be held on Sunday, September 13th in the Main Hall at 10 am. We will be having Pastor John Dunkley a Baptist minister from Blackwood, who has been involved in Chaplaincy at the Moblong Prison and also as a Police Chaplain, visiting us and bringing the message for the day. All warmly welcomed and morning tea will follow the service. Von U 262

JD Fashion Parade. – on Sunday 4th October, 1.30 for a 2 pm start. Poster and table listing will be up on the 3rd September. Sue, U 121

Monthly Morning Tea at Harper's Field – For those who have not been there yet, Harper's Field is a new sporting and community venue next to The Stables Shopping Centre. A small group from the village visited Harpers Field café recently. This is a lovely venue with great views from their large windows.

At the café the manager, Mark, was very welcoming and explained how the cafe works and is financed. **Every first Friday of the month at 10 a.m.** the cafe is open and they provide free coffee, tea and cakes. Everyone is welcome and there is ample parking close to the building. Charmaine, U 213.

Pizza/Pasta Night on the last Friday of the month has been selling out, and will now continue, following the initial trial period. The list for the following month is pinned on the notice board on the Monday after each meal. The list fills quickly so a reminder to get your name and meal selection on the list early.

A **Christmas Dinner** is being planned for Saturday 19th December, with entertainment. Sue, U 121.

Physio Plus Fitness Classes are held and run by trained physios at the village as follows – Gym Class, Wednesdays 10.15 - 11.am, Circuit Class, Fridays 10a.m -10.45 and Aqua Classes Mondays 8.45a.m - 9.30 and Fridays 9a.m - 9.45. You do need an \$30 assessment prior to joining. Phone Physio Plus at The Stables Shopping Centre on 7325 6600.

Night Owls Bowls - Team nomination forms or single applications for the 2026/2027 Friday night summer season are now in the dining room.

Twenty Years of Golden Grove Lifestyle Village – 2027 will bring this anniversary, based on when residents first started moving in; and there are original residents who would have stories to tell about the early days. We (editor Val and Roger) have been here 17 years and recall that there was lots of dirt, no sports centre, pool or bar, but activities were happening. We had no back fence at our house which meant a drop of about 4 metres (moss rocks) existed between our back lawn and our neighbours below in the next street. Our daughter said, "Well it's lovely, but I won't be bringing your grandchildren here!" Thankfully that was soon rectified.

If some of the pioneer residents wish to send me a short story about those days I will add it to the newsletter. Hopefully there will be a few anniversary events planned next year as well.

From our Co-ordinator - The store room in the Community Centre needs a good clear out and tidy. All groups that have items stored could you please make yourselves available on **Friday September 4th** to clean out.

This includes indoor bowls, croquet, decorating, church services etc. The store room is a fire hazard as doors are blocked and this needs to be addressed.

Thanks, Sue



Compiled by Val Adamson Unit 338. This is the newsletter for Residents of The Golden Grove Lifestyle Village. It does not necessarily represent the views of Lifestyle SA, The Golden Grove Lifestyle Village Residents' Committee, The Residents' Association or those assembling the newsletter.